



ST. PETER CATHOLIC SCHOOL MISSION:

We build a Catholic culture where families and children can grow spiritually, academically, and in service of neighbor to prepare for the Kingdom of Heaven.

**PreSchool - Grade 8 Program Overviews
(Including Specialty Classes)**



PreSchool Program Overview

FAITH

- Prayers
 - Guardian Angel
 - Prayer Before Meals
- Mass Attendance on First Fridays
- Catechesis of the Good Shepherd Program

CURRICULUM

- Social-Emotional Goals include
 - Build independence
 - Adjust to new situations
 - Connect with their teacher as trusted adult
 - Engage in simple interactions with other children
 - Early social skills, sharing, taking turns
 - Participate in imaginative play
- Self-Care and Responsibility
 - Able to wash hands on his/her own
 - Takes care of bathroom needs independently
 - Able to make choices from several activity options
 - Demonstrates care for school materials
 - Participates in group activities and routines
- Fine Motor Goals
 - Manipulates objects with increasing control
 - Beginning scissor use
 - Opportunities are given for wide range of open ended process art with many different mediums.
 - Able to hold crayons/markers correctly

CURRICULUM (continued)

- Cognitive Development Goals
 - Color names and basic shapes
 - Position words
 - Sorts by color, shape and size
 - Recognizes own name in print
 - Rote counts to 10+ and counts objects
 - Simple ABAB pattern
 - Demonstrates problem solving
- Language Goals
 - Uses words to express self
 - Speech is understood by most
 - Uses sentences
 - Listens to stories
 - Answers with more than yes/no
 - Participates in songs and movement activities
 - Understands when given directions

ACTIVITIES

- Self-Help
 - Boys Town Social Skills
 - *Education in Virtue Series*
- Recess twice daily

SUPPORT SERVICES

- Speech and Articulation Services (Lincoln Public Schools)

ENROLLMENT REQUIREMENTS

- Complete registration form
 - Present original Birth Certificate
 - Must be able to use restroom independently
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Pre-Kindergarten Program Overview

FAITH

- Catechesis of the Good Shepherd Program
- Sign of the Cross
- Monthly Mass Attendance
- Prayers
 - Meal Blessing
 - Hail Mary
 - Guardian Angel

CURRICULUM

- Language and Literacy
 - Upper and lowercase letter recognition
 - Beginning letter sounds
 - Rhyming & opposites
 - Identifies and writes name correctly
 - Discriminate between syllables
 - Sequence events in stories
 - Makes predictions
- Math
 - Rote count 20+
 - Counts with one-to-one correspondence (to 20)
 - Identifies written numbers 1-10 (or higher)
 - Sorting by color, size and shape
 - Patterns: copies, extends and creates own pattern
 - More/less/same
- Science
 - Simple investigations and experiments
 - Observations

CURRICULUM (continued)

- Hands on sensory table
- Simple investigations and experiments
- Observations
- Fine Motor
 - Proper use of scissors and cutting accuracy
 - Proper grasp of writing tools
 - Coloring within lines
 - Experiences with creative mediums: paint, Play-Doh, shaving cream, sand, etc.
 - Correct use of glue sticks, glue and tape
 - Reproduces shapes
- Social Emotional
 - Child-directed play
 - Large and small group activities
 - Practice executive functions (self-control)
 - *Education in Virtue Series*
- Specials
 - Art
 - Music
 - Recess twice daily

ENROLLMENT REQUIREMENTS/EXPECTATIONS

- Complete registration form
 - Must be able to use restroom independently
 - Present original Birth Certificate
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Kindergarten Program Overview

FAITH

- *Word of Life; Image of God Series*
- Baptism/Mass/Leaders of the Church
- Children's Ten Commandments
- Holy Days of the Church
- Prayers
 - Guardian Angel
 - Our Father, Glory Be, Hail Mary
 - Prayer Before / After Meals
- Mass Attendance
- Catechesis of the Good Shepherd Program
- *Education in Virtue Series*

CURRICULUM

- Reading—*Wonders Series*
 - Phonemic Awareness
 - Rhythm and Rhyme
 - Parts of a Word
 - Sequence of Sounds
 - Sound Isolation and Separation
- Math
 - Math Expressions
 - Simple Solutions
 - Counting by 1s, 5s, 10s to 100s
 - Number identification
 - Identify before/after numbers
 - Patterns
 - Addition and Subtraction Readiness

CURRICULUM (continued)

- Number-Word identification 0-10
- Calendar (day/date/months/weather/days in school)
- Social Studies/Science/Health (part of our reading series)
- Specials
 - Art
 - Computer
 - Library
 - Music
 - Physical Education

ACTIVITIES

- Field Trips twice yearly
- Self-Help
 - Boys Town Social Skills
- Recess/Lunch

SUPPORT SERVICES

- Reading Specialist Teacher
- Student Assistance Team (SAT)
- Speech and Articulation Services (Lincoln Public Schools)
- SCIP (School Community Intervention and Prevention)

ENROLLMENT REQUIREMENTS/EXPECTATIONS

- Letter, color, shape and number recognition
 - Counting
 - Basic patterns
 - Writing their name (legibly)
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1st Grade Program Overview

FAITH

- *Faith and Life Series; Our Heavenly Father*
- Creation
- Life of Jesus
- Saint Parade
- Prayers
 - Guardian Angel
 - Glory Be
 - Our Father
 - Hail Mary
 - Prayer Before / After Meals
- Mass Attendance/Reverence
- Catechesis of the Good Shepherd Program
- Theology of the Body
- *Education in Virtue Series*

CURRICULUM

- *Wonders Series/Language Arts*
 - Phonemic Awareness/phonics
 - Fluency
 - Comprehension
 - High frequency words
 - Oral /partner/ independent Reading
 - Weekly spelling tests
 - Handwriting
- Math
 - Math Expressions
 - Simple Solutions

CURRICULUM (continued)

- Counting by 1s, 5s, 10s to 100s
- Count/write numbers to 120
- Memorization of facts to 10
- Identify before/after numbers
- Place value
- Addition and Subtraction to 20
- Story problems
- Money
- Time (hour/half hour)
- Shapes (2 and 3 dimensional)
- Social Studies/Science/Health
 - Fire safety/presidents/community helpers/ maps
 - Junior Achievement
 - Plants/weather/energy/animals/food groups

ACTIVITIES

- Field Trips
 - Two (2) / year
- Self-help
 - Boys Town Social Skills
- Recess/Lunch

SUPPORT SERVICES

- Reading Specialist Teacher
 - Student Assistance Team (SAT)
 - Speech and Articulation Services (Lincoln Public Schools)
 - SCIP (School Community Intervention & Prevention)
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2nd Grade Program Overview

FAITH

- Daily Mass attendance
- *Faith and Life* series; *Jesus Our Life*
- Theology of the Body
- Catechesis of the Good Shepherd
- Preparation for First Penance and First Communion
- *Education in Virtue* Series
- Prayers
 - Review prayers from 1st grade
 - Act of Contrition

CURRICULUM

- Reading
 - Phonemic awareness and fluency
 - Vocabulary, multiple meaning words
 - Comprehension, context clues, summarizing, drawing conclusion, cause and effect, identifying main idea and story elements
 - Beginning chapter books
- Writing/Handwriting
 - Introduction to cursive
 - Book reports, letter writing, persuasive, research, informational writing, narratives
- Language Arts
 - Parts of speech
 - Complete sentences with correct punctuation
 - Prefixes, suffixes, appropriate tense
 - Blends, vowel teams, diagraphs

CURRICULUM (continued)

- Math
 - Math Expressions (number sense, addition and subtraction with regrouping, time, money, word problems, introduction to multiplication)
 - Simple Solutions
 - Addition and subtraction fact fluency
- Social Studies and Science/Health
 - Roman history
 - Map skills, communities, U.S. holidays, social skills, laws and government
 - Space/planets, insects, healthy life style, plants, dinosaurs, animals, force and motion
- Specials
 - Art
 - Computer
 - Library
 - Music
 - Physical Education

ACTIVITIES

- Field Trips: Two (2) / year
- Human Formation: Boys Town Social Skills
- Recess/lunch
- Religious Retreat for Sacraments

SUPPORT SERVICES

- Reading Specialist Teacher
 - Student Assistance Team (SAT)
 - Speech and Articulation Services (Lincoln Public Schools)
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3rd Grade Program Overview

FAITH

- *Faith and Life Series; Our Life with Jesus*
- Theology of the Body and Circle of Grace
- Review of the Ten Commandments
- How to pray the Rosary/Mysteries of the Rosary
- Prayers—Review of prayers from grades K-2
 - Apostles’ Creed
 - Pray for the Poor Souls in Purgatory
 - Responses to the Bishop’s Blessing
- *Virtues in Education Series*
- Daily Mass Attendance and choir
- Living Rosary

CURRICULUM

- Reading—*Wonders Series*
 - High frequency words and fluency
 - Introduction to literary genres
 - Skills include: phonemic awareness, vocabulary, multiple-meaning words, comprehension, context clues, summarizing, drawing conclusions, cause & effect, forming generalizations and characterization
- Language Arts: English & Spelling
 - Recognition of different types of sentences
 - Identifying parts of speech
 - Writing paragraphs and proofreading skills
 - Word study (prefixes, suffixes, plurals, vowel patterns)
- Mathematics
 - Math Expressions
 - Simple Solutions
 - Addition/subtraction with regrouping
 - Multiplication/division of tables 0-12

CURRICULUM (continued)

- Geometry and fractions
- Measurement and time
- Social Studies
 - Map skills
 - Communities (rural, suburban and urban)
 - Introduction of U.S. history and government
- Science
 - Physical (sound & light energy/matter)
 - Earth (solar system/weather)
 - Life (embryology/plants/human body systems)
- Handwriting
 - Manuscript review
 - Traditional upper and lowercase cursive letters
 - Transition into cursive writing

ACTIVITIES

- Recess/Lunch
- Field Trips (2 per year)
- Self-help—Boys Town Social Skills
- Specials
 - Art, Computer, Library, Music, Physical Education
- Service Hours (5 hours per year)
- Page One Book Club (optional)
- STEM Club (optional)

SUPPORT SERVICES

- Reading Specialist Teacher
 - Student Assistance Team (SAT)
 - Lincoln Public Schools—Special Education Services
 - SCIP (School Community Intervention and Prevention)
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4th Grade Program Overview

FAITH

- *Faith and Life Series: Jesus Our Guide*
- Use of Sacred Scripture
- Theology of the Body: *The Body and Friendship*
- Ten Commandments
- Holy Days of the Church
- Prayers
 - Angelus
 - Act of Faith
 - Act of Hope
 - Act of Love
- Mass Attendance
- Catechesis of the Good Shepherd Program

CURRICULUM

- *SRA Reading Mastery Plus* (McGraw Hill)
 - Apply context clues
 - Use of reference materials
 - Determine main idea, theme, moral, or virtue
- Math
 - Math Expressions
 - Simple Solutions
 - Place value to one million
 - Add and subtract greater numbers
 - Multiplication with thousands
 - Division with two digit divisors
 - Fraction concepts and operations
 - Measurement

CURRICULUM (continued)

- Decimals
- Social Studies: Regions of the U.S. and Nebraska History
- *Voyages in English* (Grammar)
- Continue developing cursive handwriting skills
- Science (*Macmillan McGraw Hill Edition*)
- Life, physical and earth science
- Health
- Specials
 - Art
 - Computer
 - Library
 - Music
 - Physical Education

ACTIVITIES

- Field Trips
 - Two (2) / year
- Self-help
 - Boys Town Social Skills
 - *Education in Virtue Series*
- Recess/Lunch

SUPPORT SERVICES

- Reading Specialist Teacher
 - Student Assistance Team (SAT)
 - Lincoln Public School—Special Education Services
 - SCIP (School Community Intervention and Prevention)
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5th Grade Program Overview

FAITH

- Scripture reading and praying, Lectio Divina
- Confirmation Preparation to include:
 - Prayer
 - *Confirmed for Mission* textbook: Catechesis about Sacraments in general and specifically
 - Confirmation
 - Confirmation retreat day
 - Service hours
 - Choosing a sponsor and Confirmation name
 - 92 questions review
- *Credo* (Ignatius Press textbook): 12 articles of the Creed
- *Theology of the Body* – as outlined in the Diocesan Curriculum
- Basic Catholic Prayers, Rosary, Divine Mercy, 10 Commandments
- Lessons related to respect for life

CURRICULUM

- History
 - Map skills
 - Early explorers
 - Native Americans
 - Early colonies and American Revolution
 - A new country and government
 - Wax Museum
- Language Arts
 - Grammar and writing from *Memoria Press* and *Voyages*; focus on elements of grammar, style, and punctuation
 - Dictation of sentences/paragraphs, recitation of grammar rules, and correction of sentences with errors

CURRICULUM (continued)

- Literature focused on reading, analyzing, discussing, and understanding quality books. Includes vocabulary and comprehension.
- Spelling, poetry, Socratic Seminars, and memorization of recitations
- Math
 - Saxon Math, which utilizes a spiral approach
 - Process and Problem Solving, Computation, Algebraic Thinking, Number Sense, Measurement, Geometry, Data Analysis
- Science
 - Wonder; asking questions
 - Scientific Inquiry
 - Science and Technology
 - Physical science— matter and simple machines
 - Life science—the human body, plants and animals
 - Earth science—God’s universe

OVERALL CURRICULUM GOALS

- Fostering a loving relationship with Jesus
- Instilling a sense of wonder
- Using stories to move the heart to choose good
- Seeking to identify and love what is true, good, and beautiful

ACTIVITIES

- Field Trips: 2 to 3 /year
 - *Education in Virtue* Series
 - Daily Mass and monthly Confession
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6th Grade Program Overview

FAITH

- Daily prayer
- Immersion of faith into lessons
- God gives us the Law, the First Commandment
- The Feast of God
- The Beatitudes

CURRICULUM

- Math (*Saxon*)
 - Properties of numbers/operations
 - Algebra
 - Proportional Reasoning
 - Decimals/Percentages/Fractions
 - Data Analysis & Representation
 - Geometry
 - Measurement
 - Problem Solving
- Religion (*Faith & Life Series*)
 - Holy Sacrifice of the Mass
 - The Ten Commandments
- Literature
 - Comprehension / Analysis
 - Short Stories
 - Page One Novels
 - Reading Circles
 - Choice Reading and Projects
 - Socratic discussions
 - Vocabulary/Latin roots

CURRICULUM (continued)

- English
 - Written and oral communication
 - Grammar
 - Argumentative, creative and persuasive writing
 - Literary Analysis
 - Poetry
 - Descriptions
 - Science
 - Earth Sciences
 - Volcanoes
 - Atmosphere
 - Weather
 - Life Sciences
 - Biomes
 - Plants
 - Animals
 - Physical Sciences
 - Electricity and magnetism
 - Social Studies
 - World geography
 - Map skills
 - This class surveys the following: using geography skills, physical, human, and cultural geography of the United States, Canada, Latin America, Europe, Africa, Asia, Australia, Oceania, and Antarctica
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7th Grade Program Overview

FAITH

- Daily prayer
- Immersion of faith into lessons

CURRICULUM

- Math (*Saxon*)
 - Decimals
 - Algebra
 - Integers
 - Fractions
 - Proportional Reasoning
 - Geometry
 - Measurement
 - Probability
- Religion
 - *Faith & Life Series*
 - Old Testament
 - The Theological and Cardinal Virtues and the Life of Grace
 - The Seven Sacraments
- English
 - Written and oral communication
 - Grammar
 - Personal Narratives
 - How-to Articles
 - Creative Writing
 - Expository Writing
- Science
 - *Earth Sciences*

CURRICULUM (continued)

- Solar System (stars/galaxies)
 - *Life Sciences*
 - Bacteria
 - Fungi
 - Plant/animal cells
 - *Physical Sciences*
 - Matter
 - Periodic Table
 - Social Studies
 - Geography
 - Prehistory
 - Beginning of Christianity
 - Byzantine Empire and The Middle Ages
 - Renaissance and Reformation
 - Ancient China, Ancient Japan, Ancient Israel, Ancient Rome, Ancient Greece and Ancient India
 - African empires
 - Latin American history
 - World War I and World War II
 - World geography
 - Map Skills
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8th Grade Program Overview

FAITH

- Frequent use of Prayer
- Familiarity with use of Scripture
- Christ's abiding presence
- Birth, authority, and hierarchy of the Church
- Teaching and nature of the Church
- Sacraments of Initiation
- Mary, Mother of the Church
- First two thousand years of the Church history
- Works of Mercy
- Vocations
- Church and society
- *Theology of the Body for Teens*; "Who am I?"
"How should I live?"

CURRICULUM

- Science
 - *Human Biology*
 - Bones/Muscles/Skin
 - Digestion
 - Respiration
 - Cardiovascular System
 - *Cells and Heredity*
 - Reproduction
 - Genetics
 - Chromosomes
 - *Chemistry*
 - Atoms and Bonding
 - Balancing Chemical Equations

CURRICULUM (Continued)

- *Physics*
 - Laws of Motion
 - Work and Force
 - Math (*Saxon*)
 - Integers
 - Real and Rational Numbers
 - Pythagorean Theorem
 - Proportional Reading
 - Geometry
 - Equations and Inequalities
 - Algebra
 - Solving equations/inequalities
 - Introduction to functions
 - Linear functions
 - Systems of equations/inequalities
 - Exponents/exponential functions
 - Polynomials and factoring
 - Quadratic functions/equations
 - Radical expressions/equations
 - English
 - Written and oral communication
 - Grammar
 - Personal Narratives
 - Business Letter
 - Expository Writing
 - Persuasive Writing
 - Literary Analysis
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8th Grade Program Overview

CURRICULUM (continued)

- English (continued)
 - Poetry
- Literature
 - Novel Reading
 - Vocabulary
- Social Studies
 - World geography
 - Map skills
 - U.S. geography
 - American History and Government
 - Ancient civilizations and empires
 - Middle Ages
 - Renaissance
 - Reformation
 - Latin American history
 - World War I
 - World War II
- Specials
 - Art
 - Computer
 - Music
 - Physical Education
 - Electives (Dissection/Drawing/Ceramics/Woodworking/Teacher Assistant/etc.)

ACTIVITIES

- Field Trips
 - Two (2) / year
- Self-help
 - Boys Town Social Skills
- Recess/Lunch

SUPPORT SERVICES

- Reading Specialist Teacher
 - Student Assistance Team (SAT)
 - Speech and Articulation Services (Lincoln Public Schools)
 - School Community Intervention & Prevention
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Reading Program Overview

FAITH

- Daily prayer
- Immersion of faith into lessons

CURRICULUM

- Reading Support for Kindergarten
 - Individualized (one-to-one) instruction
 - *Lexia*
 - Phonemic Awareness
 - Phonics
 - High frequency Words
 - Vocabulary
 - Reading Support for 1st—2nd grades
 - Small group instruction with time allotted for individual support
 - *Lexia*
 - Phonemic Awareness
 - Phonics
 - Fluency
 - High frequency words
 - Vocabulary
 - Comprehension
 - Reading Support for 3rd grade
 - Individualized instruction with supplementary instruction as needed for support and remediation
 - *Lexia*
- ### CURRICULUM (continued)
- Reading Support for 3rd grade (continued)
 - *Wonders* reading series
 - High frequency words
 - Vocabulary
 - Comprehension
 - Phonics
 - Fluency
 - Reading Support for 4-5 Grades
 - Individualized, supplementary instruction as needed for support and remediation
 - *Lexia* (4th Grade)
 - Reading Enrichment (Grades 3-4)
 - *Jr. Great Books Series*
 - Classic literature selections
 - Multiple genres
 - Upper-level vocabulary
 - Upper-level comprehension
 - Upper-level writing
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Art Program Overview

FAITH

- Daily prayer
- Immersion of faith into lessons
- Immersion of the Virtues during work time
- Exploring the Good, True, and Beautiful

CURRICULUM

- Each class meets for Art class once a week for 45 minutes
- Pre-Kindergarten have Art class every other week for 15 minutes
- Kindergarten/1st Grade
 - Practice using materials properly
 - Make and mix colors
- 2nd Grade/3rd Grade
 - Continue using materials properly with more emphasis on craftsmanship
 - 2nd graders draw the face of Jesus to put on prayer cards for their First Communion
 - 3rd graders have projects focused on the Rosary as they learn the Mysteries of the Rosary
- 4th Grade/5th Grade
 - Emphasis on craftsmanship
 - 4th graders focus on life drawing with still life drawings and half self-portraits
 - 5th graders make ink and watercolor paintings of the California Missions

CURRICULUM (CONTINUED)

- 6th Grade
 - Combination of sculpture and drawing
 - Help with set design for Spring Musical

JUNIOR HIGH ELECTIVES

- Ceramics and Sculpture
 - Practice different clay techniques
 - Practice throwing on a wheel
 - Sculpture projects in a variety of mediums (foil, plaster, paper, cardboard)
- Drawing
 - Practice different drawing methods such as plein aire drawing, gesture drawing, one-point perspective, and gridded portraits





Computer Program Overview

FAITH

- Each class begins with prayer
- Immersion of faith into lessons
- Immersion of the Virtues during work time

CURRICULUM

- Grades 1-8 meet once a week for 45 minutes
- Kindergarten meets once a week for 30 minutes
- Desktop PCs and iPads are used in all grades
- Kindergarten/1st Grade
 - Mouse control
 - How to open, close, minimize, and maximize applications
 - Navigating websites
 - Basic keyboard use
 - iPad basics: buttons and their functions, spotlight search for apps
 - iSafe internet safety
 - Coding
 - Robotics
- 2nd Grade/3rd Grade
 - Use of websites and apps to reinforce math, science, reading, and religion curriculum.
 - iPad activities include photography and drawing with a stylus
 - iSafe internet safety
 - Coding with Blue-bots
 - Robotics
- 4th Grade/5th Grade/6th Grade
 - Microsoft applications (Word, PowerPoint, Publisher, Excel, Paint)
 - iPad photography and video

CURRICULUM (continued)

- Keyboarding
- iSafe internet safety
- Coding
- Robotics
- 7th Grade/8th Grade
 - Microsoft applications (Word, PowerPoint, Publisher, Excel, Forms)
 - Graphic design in Canva
 - iPad video projects
 - Keyboarding
 - iSafe internet safety
 - Coding
 - Robotics

KEYBOARDING

- 3rd Grade
 - Introduction to keyboarding in 2nd semester
- 4th-8th Grades
 - Typing Club (web-based typing courses by grade level)
 - Monthly keyboarding journal entries to practice keyboarding and word processing skills
- Keyboarding Madness
 - Typing tournament during 4th quarter
 - Teams comprised of students in grades 4-8 and teachers/staff



Music Program Overview

FAITH

- Daily prayer and immersion of faith into lessons
- Emphasis on music in the daily Mass
- Exploring the Good, True, and Beautiful

CURRICULUM

- Pre-Kindergarten have Music class every other week for 15 minutes
- Each class meets for Music class twice a week for 30 minutes
- Kindergarten/1st Grade
 - Begin learning steady beat, tempo, dynamics, call and response, musical genres
 - Begin learning instruments such as rhythm sticks, mallets, wood block, shakers and cajon
 - Begin learning treble clef, lines and spaces, repeat signs
 - Compose and improvise simple rhythms
- 2nd Grade/3rd Grade
 - Continue learning improvisation, simple composition, musical notation and articulation and instrumentation
 - 2nd graders prepare to sing in Mass choir by practicing with hymn books, identifying measures and learning special songs and prayers
 - 3rd graders sing in mass choir once a month and prepare a song to sing alone for their special Mass once a quarter

CURRICULUM (continued)

- 3rd Grade/4th Grade
 - Continue learning improvisation, composition, musical notation, genres and instrumentation
 - Learning recorder and other instruments
 - Opportunity to join the weekly Tuesday Mass Choir who sing traditional and contemporary worship songs
- 5th Grade/6th Grade
 - Continue learning improvisation, composition, musical notation, genres and instrumentation
 - Introduction to string instruments, including ukulele
 - Opportunities to narrate, sing solos and participate in the Winter Christmas Program

JUNIOR HIGH ELECTIVES

- St. Peter Singers
 - Learn 3-part harmony
 - Sing weekly in Mass and perform new songs monthly
 - Outreach singing opportunities
- Strings
 - Learn scales and chords on the ukulele using classical, sacred, folk and popular songs
 - Option to learn guitar the 2nd semester





Physical Education Program Overview

FAITH

- Each class begins with prayer
- Immersion of faith into lessons
- Immersion of the Virtues during game/play time

CURRICULUM

- Grades K-5 meet twice a week for 30 minutes
- Grades 6-8 meet once a week for 45 minutes
- Kindergarten/1st Grade/2nd Grade
 - Spatial awareness
 - Safe movement
 - Movement to music
 - Daily stretching
 - Motor skills (hop, skip, gallop, leap, slide)
 - Hand skills (throw, catch, dribble, strike)
 - Tumbling and stunts
 - Foot skills (dribble, kick, trap)
 - Understand that movement is healthy
 - Begin developing sportsmanship skills
 - Promote enjoyment for lifetime activity
 - Learn how to use special equipment (traverse climbing wall, balancing equipment, parachute, scooters, speed stacks and roller skates)
- 3rd Grade/4th Grade/5th Grade/6th Grade
 - Physical fitness testing
 - Daily stretching and aerobic exercise
 - Sport skill development (throwing, catching, dribbling, passing, volleying, striking, kicking, shooting)
 - Basic knowledge of game rules
 - Roller skating skills

CURRICULUM (continued)

- Respect for others
- Sportsmanship and teamwork
- Cooperative games
- Promote an enjoyment for lifetime activity
- 7th Grade/8th Grade
 - Daily stretching and fitness activities
 - Dance
 - Individual sports (archery, pickleball, roller skating, disc golf, traverse climbing wall)
 - Team sports (soccer, volleyball, basketball, floor hockey, football)
 - Sportsmanship
 - Team work
 - Cooperation
 - Social interaction
 - Game Strategies
 - Promote an active lifestyle